

Be Ready Utah

- ✓ **Make A Plan**
- ✓ **Get A Kit**
- ✓ **Be Informed**
- ✓ **Get Involved**

Get A Kit

The first step is to consider how an emergency might affect your individual needs. You should prepare what you need for at least three days. It is possible that you will not have access to a medical facility or even a drugstore. It is crucial that you and your family think about what kinds of resources you use on a daily basis and what you might do if those resources are limited or not available.

Aside from basic food, water, hygiene, first aid and survival supplies there are a few special items seniors should consider when putting together their personal kit.

Emergency Kit: Special Items for Seniors

Kits should be stored by the bedside, and for ease of transport, should be in a container with wheels. It is also recommended that car keys, purses and wallets be kept in the bedroom.

Along with the recommended Emergency Kit items seniors should consider:

- An emergency contact list to include ALL doctors and hospitals.
- List or copy of prescriptions and medications.
- Eyeglasses.
- Dentures.
- Hearing aids / with extra batteries.
- Extra Oxygen tanks.
- Wheelchair batteries.
- Medical Insurance or Medicare cards.

REGISTERING JUST MIGHT SAVE A LIFE.

The Registry has been created as a requirement to an overall senior emergency preparedness plan. This should have been developed and updated by June 1, 2014. A minimum of 72 hours in the event of an emergency. Registration with the Special Needs Registry (SNR) for seniors emergency services.

Utah Special Needs Registry



WHAT IS IT?

The **Special Needs Registry (SNR)** has been developed for individuals that may require special assistance from emergency services personnel during a disaster or other emergency.

HOW DO I REGISTER?

It's as easy as **1-2-3-4** online...

1. Go to the SNR website www.specialneedsutah.org
2. Fill in the requested special needs information
3. Submit your information online
4. Update your information on an annual basis

...or as easy as dialing **2-1-1**

Dial 2-1-1 to speak with a Special Needs Representative.

FOR MORE INFORMATION OR FOR ASSISTANCE

Visit: www.specialneedsutah.org

Email: 211@utahfoodbank.org

Dial: **2-1-1**

Please encourage friends, clients, family, or others who may need this assistance to register!